***What can every one of us do to stop global warming?***

**GLOBAL WARMING – *be part of the solution!***

****Every one of the 8 billion people living on Earth contributes to global warming every day. For example, by consuming electricity, by using cars or airplanes, by burning down forests or by eating meat. However, there are plenty of things each one of us can do in order to reduce his own emissions of greenhouse gases:

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| **Electricity** | **Mobility** | **Lifestyle** | **Deforestation** | **Food** | |
| * **I switch off electric**   **devices when I’m not  using them,** for example TV, computer, light, air conditioning | * **I use public  transport, walk**   **or use my bicycle –** but not a car that produces CO2. | * **I only buy second- hand stuff,** because  new stuff has to first be produced, which leads to the production of CO2. | * **I do not cut  down or burn**   **trees.** We need trees  because they can change  CO2 to oxygen. | | * **I eat less meat,  dairy products and  eggs - b**ut more vegetables and fruits, because livestock produces methane. |
| * **I use electricity  from renewable sources, such as**   hydro, wind or  sun | * **I say no to air travel,** instead I   travel by train or bus or I take my holidays close-by. | * **I use environmentally  friendly cleaning  products and cosmetics,** such as vinegar to descale, or almond oil for body care | * **I reduce the amount**   **of paper products,**  because paper is made of wood. If I need to use paper, I choose recycling paper. | | * **I only buy regional,  seasonal und organically grown food,** which are not transported from far away by air or by truck. |
| * **I replace old appliances  with energy saving**   **models,** like fridge or  LED bulbs | * **When I’m grown up,**   **I’m going to buy or**  **rent an electric car,** but  not a car with a petrol engine. | * **I lower the temperature  of the heating at home,** instead I wear a pullover  and save heating energy. | * **I plant a tree,** because it can  absorb CO2 from  the air. | | * **I do not waste food,** instead I eat the leftovers  and take away the leftovers from a restaurant meal. |
| * **I save water and elec-**   **tricity when doing the  laundry,** I fill up the washing machine and dry clothes on the line or the laundry rack. | * **I persuade my parents to share cars with  others,** and we go shopping with our neighbours or commute together with colleagues. | * **I say no plastics and alu  cans,** and use refillable  glass bottles or a re-   usable bag for shopping; because plastic is oil. | * **I use regionally  grown wood from sustainable forestry,** to construct, to do handicraft, for heating, toys and furniture | | * **I enjoy non-processed  food,** because it needs  less packaging, less preservatives and less palm oil. |
| * **I take a shower instead**   **of having a bath,** because  also water is heated with electric power or with petrol, and taking a shower consumes much less water than taking a bath | * **I replace my  motor bike with  an electric bike,** and I’ll save money because clean energy is less expen-sive than petrol. | * **I share stuff with my  friends and neighbours,  such as** household appliances, toys, tools, so that they don’t need to be produced in a factory. | * **I say no to palm oil and  soy.** Because of them,  lots of forests are cut down and burnt. | | * **I grow my own vegetables  and fruits,** in the garden,  on the balcony, on the terrace or on the roof   *Choose one of these commitments and write it on your WAVE-commitment card. Don’t forget to write your name, the name and place of your school!* |
| * **I tell my friends about environmentally friendly behaviour,** so that they know how to help the environment. * **I have another idea what I could do:** | | | | | |

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