***What can every one of us do to stop global warming?***

**GLOBAL WARMING – *be part of the solution!***

****Every one of the 8 billion people living on Earth contributes to global warming every day. For example, by consuming electricity, by using cars or airplanes, by burning down forests or by eating meat. However, there are plenty of things each one of us can do in order to reduce his own emissions of greenhouse gases:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Electricity** | **Mobility** | **Lifestyle** | **Deforestation** | **Food** |
| * **I switch off electric**

**devices when I’m not using them,** for example TV, computer, light, air conditioning | * **I use public transport, walk**

**or use my bicycle –** but not a car that produces CO2.  | * **I only buy second-hand stuff,** because new stuff has to first be produced, which leads to the production of CO2.

 | * **I do not cut down or burn**

**trees.** We need trees because they can change CO2 to oxygen.  | * **I eat less meat, dairy products and eggs - b**ut more vegetables and fruits, because livestock produces methane.
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| * **I use electricity from renewablesources, such as**

hydro, wind or sun | * **I say no to airtravel,** instead I

travel by train or bus orI take my holidays close-by.  | * **I use environmentally friendly cleaning products and cosmetics,** such as vinegar to descale, or almond oil for body care
 | * **I reduce the amount**

**of paper products,** because paper is made of wood. If I need to use paper, I choose recycling paper.  | * **I only buy regional, seasonal und organically grown food,** which are not transported from far away by air or by truck.
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| * **I replace old appliances with energy saving**

**models,** like fridge or LED bulbs | * **When I’m grown up,**

**I’m going to buy or** **rent an electric car,** but not a car with a petrol engine.  | * **I lower the temperature of the heating at home,** instead I wear a pullover and save heating energy.
 | * **I plant a tree,**because it can absorb CO2 from the air.
 | * **I do not waste food,** instead I eat the leftovers and take away the leftovers from a restaurant meal.
 |
| * **I save water and elec-**

**tricity when doing the laundry,** I fill up the washing machine and dry clothes on the line or the laundry rack.  | * **I persuade my parentsto share cars with others,** and we go shopping with our neighbours or commute together with colleagues.
 | * **I say no plastics and alu cans,** and use refillable glass bottles or a re-

usable bag for shopping; because plastic is oil. | * **I use regionally grown wood from sustainable forestry,** to construct, to do handicraft, for heating, toys and furniture
 | * **I enjoy non-processed food,** because it needs less packaging, less preservatives and less palm oil.
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| * **I take a shower instead**

**of having a bath,** because also water is heated with electric power or with petrol, and taking a shower consumes much less water than taking a bath | * **I replace my motor bike with an electric bike,** and I’ll save money because clean energy is less expen-sive than petrol.
 | * **I share stuff with my friends and neighbours, such as** household appliances, toys, tools, so that they don’t need to be produced in a factory.
 | * **I say no to palm oil and soy.** Because of them, lots of forests are cut down and burnt.
 | * **I grow my own vegetables and fruits,** in the garden, on the balcony, on theterrace or on the roof

*Choose one of these commitments and write it on your WAVE-commitment card. Don’t forget to write your name, the name and place of your school!*  |
| * **I tell my friends about environmentally friendly behaviour,** so that they know how to help the environment.
* **I have another idea what I could do:**
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